

Morwell Park P S

School Community Newsletter

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14th June, 2018



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Morwell Park Primary
School Official

IMPORTANT DATES

Monday 18th June	Orders and payment due for Special Lunch Day.
Tuesday 19th June	Grade 4 children for Lawn Bowls at Morwell Bowling Club. 1.30-2.45
Thursday 21st June	School Council meeting in staffroom at 5pm.
Monday 25th June	NAIDOC Day.
Tuesday 26th June	Grade 4 children at Lawn Bowls at Morwell Bowling Club at 5pm.
Wednesday 27th June	Reports given out.
Thursday 28th June	Parent Teacher Interviews.
Thursday 28th June	Special Lunch Day.
Friday 29th June	Gr 2 Expo. 11.30am.
Friday 29th June	Red Nose Day, merchandise available.
Friday 29th June	Last day of Term Two, children dismissed at 1pm.
Monday 16th July	First day of Term Three.
Friday 3rd August	Prep Old Gipstown excursion.
Wednesday 8th August	Grade 3 Werribee Excursion.

Department of Education
**SWIMMING IN SCHOOLS
PROGRAM**

Grade 4

Wed 27th June

Grade 5

Wed 20th June

Principal's Report

School Review

As mentioned in last weeks newsletter, every four years schools undertake a deep and rigorous Pre-Review Self-Evaluation (PRSE) in the term before their review. Our school review will take place during term three so we are currently undertaking our PRSE.

Next Tuesday we once again invite interested parents to attend a largely informal session from 4-5 whereby they will be able to provide feedback around our schools performance and how we might improve.

Parent and Teacher Interviews

A reminder that parent and teacher interviews are on Thursday June 28.

An Interview Request form was sent with last week's newsletter. Times will be allocated on a 'first in first served' basis.

Mid year reports will be given out on Wednesday June 27.

Parent and teacher interviews provide a valuable opportunity to exchange information to support your child's learning.

School Council Meeting

Our next school council meeting will be held on Thursday, June 21 at 5.00 in the school staff room.

I look forward to seeing as many councillors as possible there.

Developing Independence

Part of growing up is a child's right of passage to develop independence, after all, children will hopefully one day grow into adults.

The importance of allowing children the opportunity to experience success and failure, in particular developing resilience which comes from the understanding that things don't always go in your favour cannot be understated. As parents and teachers we can't help but want to get involved and sometimes 'sort out' an issue for a child.

Real success however comes from allowing children to learn for themselves. If we get too involved we may be inadvertently teaching the child that they are not capable of managing for themselves and we may be developing 'learned helplessness.'

Please continue to provide advice and support for your child and I'm sure there will be occasions when you need to take charge, but also remember that children need to develop independence and experience both success and failure for themselves.

There is a saying, "Progress only happens out of our comfort zone" – children and indeed all of us benefit from the opportunities that come from being out of our comfort zone.

Chris Joustra,

Principal.

The Value of the Fortnight is:

Cleanliness



What is it?

Cleanliness means bathing regularly and keeping your body clean. It means wearing clean clothes. Cleanliness means keeping your belongings neat and clean. You can practise cleanliness at home by helping to keep your room neat and clean.

Why practise it?

Cleanliness helps protect you from disease. Washing your hands before you eat, brushing your teeth, shampooing your hair and wearing clean clothes all help you to feel and look good.

People who do not practise cleanliness are not pleasant to be close to.



How to practise it

Cleanliness is about practising hygiene of the body and the mind. It is washing each day, cleaning your teeth, bringing yourself up to the best you can be.

Cleanliness is cleaning up your room when needed.

It is keeping the body in a clean state by only putting into it nutritious food and drinks. It is thinking good thoughts that help your well-being. Cleanliness is removing things from your life that cause 'dis-ease'.

Role play and discussion

- You have played with a game that has many pieces to it. You decide you would like to play with something else.
- You have not been able to find a book in your bedroom for days because your room is so messy. There are dirty plates and junk food wrappers everywhere.

- Your hair needs washing but you don't feel like washing it because you are tired.

Signs of success

- You keep your body clean.
- You put things away after you have used them.
- You treat your body with respect; put only healthy things into it. Be responsible for your well-being.
- You clean up your act if you are not behaving the way you would like to.



Starter activities

- Design the ultimate bedroom cleaning machine which will clean your bedroom without you even being there.
- On a chart, display five daily hygiene habits that help us to remain healthy, for example, washing our hands before we eat.

Friday 29th June



Annually 3,200 Australian families experience the sudden and unexpected death of a baby or child. **This has to stop.** Through world-class research, advocacy and education we passionately believe we can put an end to this.



Funds raised through Red Nose Day activities help to provide vital services and programs to the Australian community.

Help us save little lives by supporting Red Nose Day on Friday 29th June.

RED NOSE MERCHANDISE

- NOSES: \$3.00 each
- PLUSH TOYS: \$6.00 each
- WRISTBANDS \$3.00 each

Rice Paper Rolls



- 150g rice vermicelli noodles
- 300g cooked chicken, chopped
- 2 medium carrots, peeled & grated
- 6 chopped spring onions
- 150g bean sprouts
- 12 round rice paper sheets
- 1 teaspoon of each: soy sauce, fresh lime juice, sweet chilli sauce
- 1 teaspoon of each: finely shredded fresh mint & coriander

Dipping sauce (optional)

- 1 tablespoon seasoned rice vinegar
- 1 lime (juiced)
- 1 tablespoon caster sugar
- ¼ cup fish sauce
- 1-2 teaspoons minced chilli

Combine all dipping sauce ingredients in a separate bowl and set aside. Place noodles in heatproof bowl and cover with boiling water. Set aside for 5 minutes. Drain. Cook chicken in frypan until golden brown.

Gently mix the noodles, chicken, vegetables, soy sauce, lime juice, sweet chilli sauce, mint and coriander until just combined. Soak a rice paper sheet in a dish of warm water for 10 seconds. Drain on tea towel and transfer to a clean work surface.

Spoon the noodle mixture down the centre. Fold in sides and roll to enclose filling. Refrigerate overnight.

Rolls will keep in a container for school lunches the next day.

BESSIE FROOD NETBALL

Last Friday Morwell Park entered 6 teams in the annual Bessie Frood Netball Tournament.

This year there were 18 teams competing in two sections. Girls & Mixed, it was great to see more schools involved and giving the children the chance to play more games and improve their skills over the day.

The conditions were fine to start however in the last few games we had to modify our games for the wet and slippery conditions.

Congratulations to all children on the way they represented our school and their team work on the day. We had varied success with wins and losses on the day.

Morwell Park mixed team worked their way up to the Grand Final and were the eventual winners defeating Churchill, 5-3.





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Bungee Ride
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including:
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much more !**

**Entry fee :
\$5 per person or
\$15 per family**

**With Grateful thanks to
Our Major Sponsor**

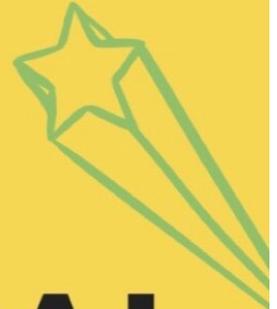


**Latrobe Health
Assembly**

**Shaping
The Valley**

Umslv Celebrates

EID FESTIVAL



Time: 10am - 4pm

July 01, 2018

**Venue : Gippsland Heritage Park
211 Lloyd St, Moe, Vic 3825**



**Gather your nearest and
dearest to enjoy a day of fun
activities, entertainment and
food. Come celebrate with the
Muslim Community!**

**For any enquiries email :
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PARENTING & PLAY

FOR MOTHERS AND FATHERS AND THEIR CHILDREN AGED UNDER SCHOOL AGE



Join us for fun and play at a Supported Playgroup run by Parentzone Gippsland from Anglicare Victoria.

This group will provide you and your child with the opportunity to:

- Connect through play.
- Try new and fun ways to learn.
- Meet other parents and children.
- Get ideas and be encouraged.

The group will be facilitated by a trained and skilled Playgroup Facilitator from Parentzone Gippsland who will provide support to you and your child.

The Supported Playgroup session will include strategies from the *smalltalk* program which promotes children's development and learning.

WHO: Parents and their children aged under-school-age, who hold a Health Care Card or equivalent

COST: Free

WHEN AND WHERE:

There are five playgroups at different times and locations in Morwell and Churchill for you to choose from.

More detail is listed on the back of this flyer.

TO ENROL OR GET MORE INFORMATION CONTACT:

Parentzone Gippsland 5120 3300



BETTER
BETTER
TOMORROWS

There are five playgroups at different times and locations for you to choose from:

WHEN	WHERE	TIME	FOCUS
Monday mornings during school terms	Churchill Primary School Coleman Parade CHURCHILL	9.30 am to 11.30 am	All parents and their children aged under-school-age
Tuesday mornings during school terms	Anglicare Victoria 101 Buckley Street, MORWELL	10.00 am to 12.00 noon	All parents and their children aged under-school-age
Wednesday mornings during school terms	Anglicare Victoria 101 Buckley Street, MORWELL	10.00 am to 12.00 noon	All parents and their children aged under-school-age
Thursday mornings during school terms	Anglicare Victoria 101 Buckley Street, MORWELL	10.00 am to 12.00 noon	All parents and their children aged under-school-age
Friday mornings during school terms	Glendonald Park Pre School 19 Churnunga Drive, CHURCHILL	10.30 am to 12.30 pm	All parents and their children aged under-school-age